

Track & Field

2023 Practice and Meet Schedule

	DATE	EVENT	SITE	TIME
M	4/3	Practice	Glen Crest	All athletes: 2:40-3:25
T	4/4	Practice	Glen Crest	All athletes: 2:40-3:25
W	4/5	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
Th	4/6	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
F	4/7	No School		
M	4/10	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
T	4/11	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
W	4/12	AWAY MEET	Glenbard North	Starts at 4:30
Th	4/13	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
F	4/14	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
M	4/17	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
T	4/18	AWAY MEET	Glenbard East	Starts at 4:30
W	4/19	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
Th	4/20	HOME MEET	Glenbard South	Starts at 4:30
F	4/21	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
M	4/24	No School		
T	4/25	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
W	4/26	HOME MEET	Glenbard South Hosted by Herrick	Starts at 4:30
Th	4/27	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
F	4/28	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4

M	5/1	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
T	5/2	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
W	5/3	HOME MEET	Glenbard South Hosted by O'Neill	Starts at 4:30
Th	5/4	Practice	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
F	5/5	No Practice		
M	5/8	HOME MEET	Glenbard South	Starts at 4:30pm
T	5/9	Final Whole Team	Glen Crest	All athletes: 2:40-3:25 Field Event athletes: 3:25-4
W	5/10	Practice	Glen Crest	Conference athletes only: 2:40-4
Th	5/11	Practice	Glen Crest	Conference athletes only: 2:40-4
F	5/12	No Practice		
M	5/15	Practice	Glen Crest	Conference athletes only: 2:40 - 4
T	5/16	Conference Meet	Benedictine University	Starts at 1:00 Ends approx 6:00
W	5/17	Conference Meet <u>Rain Date</u>	Benedictine University	Starts at 1:00 Ends approx 6:00